

Self-Monitoring Worksheet



Before Reading: Set Reading Goals and Identify Strategies

Reading Goals	Strategies	Do I understand my goals and strategies? Circle Yes or No.	
		YES	NO
1. Monitor my understanding as I read	<ul style="list-style-type: none"> Write main idea for each section or page. Reread and reflect when text is difficult. 	YES	NO
2. Identify unknown words and find their meaning	<ul style="list-style-type: none"> Highlight new vocabulary. Write short explanation of new words based on text or other resources. 	YES	NO
What am I interested in learning from this text?			



During Reading: Begin Reading and Take Notes to Show Strategy Use



After Reading: Engage in Self-Reflection

Reading Goals	Did I use my reading strategies? Circle Yes or No.		
	YES	NO	
1. Monitor my understanding as I read	<ul style="list-style-type: none"> Did I write a main idea for each section? Did I reread and reflect when text was difficult? 	YES	NO
2. Identify unknown words and find their meaning	<ul style="list-style-type: none"> Did I highlight unknown words? Did I write the explanation of these words? 	YES	NO
What did I learn from this text?			



Guiding Questions for Parent-Child Conversation

1. Discussion About Text

- What did you learn from what you read?
- What are you interested in learning more about?

2. Reading Strategy Self-Reflection

- What strategy helped you understand the text?
- What might you do differently next time?

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